

What is the role of sound in my process?

In my process, sound functions as both a structuring element and an unpredictable collaborator. It helps me shape rhythm, duration, and spatial dynamics, but it also resists control—forcing me to listen, adjust, and respond. During the process, sound is exploratory, a way of searching and testing possibilities. In the final work, its role shifts: it becomes a mediator between the piece and the audience, translating intention into sensory experience. I use it to guide attention, to create immersion or rupture, to invite intimacy or distance. Sometimes I choreograph how sound moves through space, other times I work with silence to heighten awareness. In this way, sound becomes a way of designing not only what is heard, but how the audience feels and inhabits the work.

A lot of times sound is actually the starting ground for my dance or creation. It is both a literal and metaphorical source, a form of energy from which ideas, gestures, and forms emerge. Before any visual, spatial, or conceptual decisions, I begin by listening—and allow these impulses to guide the work. Sound carries a generative force; it initiates movement, shapes structure, and animates the creative process. In this sense, the work grows *from* sound, and the energy embedded in it becomes the thread that can connect the piece to the audience.