

What/Where is my desire in dance?

With/Through dance, as also movements, you can access more fields.

convey feelings and sensations – research tool

getting closer to myself – get to know how I am in a community

energizing – cooling down the energy

health preventive – health keeping

humankind is comfort seeking – life is movement

watching – doing

building the body – softening the soul

no need of intellectuality – more focus on body awareness

people run instead, because dance would make them vulnerable

98% of life is improvisation

desire, request, need, curiosity, daydream

Is desire exist without missing ?

[Lester Bowie - The Great Pretender](#)