

JO's themes scroll down

Consenting to explore the unknown.

Liveness
Live investigation
Things I couldn't choreograph
Physical enquiry.

In the moment

presence staying in the
 gold

now-ness staying in the
 mess.

Responsiveness

Liveness

Non-verbal language

felt sense Noticing

Being with

Interpretation

Presence

Bodies

Quiet Activism

difference, anti-online work.
Being present, voices
practicing being with people
who are different to ourselves
Say the truth.

↓ Towards.

* spaces where everyone
thrives

Making space

Care

people friendly spaces

Inclusion

Well-being / Release

Trust

Selfish + Generous

Connection

Love

Communal Non-Hierarchical
making

Self organising

How do we come into
contract

New structures

Navigating,

How do we come through

The awkward bits

Bold enough?