

- Letter Archives to Body Politics -

| A place to reflect, a place to refer, a place to call, a place to wonder, a place to return,
a place for voices that shape bodies on paper |

Dear Body Politics. This sweet girl
Katerina just asked us to write a letter
to you. And I don't really know *how*
should I express myself now. I always
was a materialist person and *all this*
philosophical things was *quite hard*
for me.

Dear Body Politics,

I hear you

Accumulating the dust of your archives, into
slices of my body. Scratching slices.

I see you - in veins, in blood being alive
flowing against

negotiating in beats

beats upon the beats - losing yourself
gaining yourself

left and right trying to find your
own balance ~~through~~ ^{within} the labyrinth
of your ears

I am here

I am walking towards, walking side to side
with someone else - in order to find you
finding me

to find me
in pause, on move, in sound with others.

Hand in hand —

with many hands

Singing on roads

for you / with you

At 6 in the square

See you there

peace

K.

Dear Body Politics

The first i do is look at this I
that is writing. Tone, 34 years old.
Whit Scandinavian, from middle class.
From alcoholism and abuse. Brought
up in a safe country. I have
always had access. I come from
a country that has and still does
inflict violence on bodies, lands,
countries. Conflicted. I also brought up
feeling safe in the street, not at
home, but everywhere else. I feel
the lineage of the woman in my
family. How does this body carry
the histories of them before me.
My body tends to be heard. I
have a passport that makes me
move freely around the world.

I live in country and part of
the words we wealth is
build on ~~exclusion~~ of others.
My body is raised in communities.
My body was raised trusting
the system. I am raised in
a country that fears everything
that is other. I am raised
with potatoes. I raised when
you keep your problems to your
self. I raised by the sea
inside a forest. Values of
togetherness and lifting
together. Ignorance and love
fear and gratitude, Taking her
the meaning of isolation.
My body a product of a nation

Body Politics

Body Politics, for me, are how we are, how we treat other people,
how we ~~perceive~~ perceive ourselves, you would like to be with someone
who is happy or at least who is happy with you at the moment, It is
also how we treat people, for example if we want to be served in
a store, you have to arrive at the store with education, Speaking well
and referring to the other person will not be as cordial as you, but you
do it anyway, because that is how you would like to be treated and at
some point they will do it.

Dear Body Politics

28/04/25
Holstebro

How are you? Hope you are coping with the world politics.

I think you are so complex and diverse that it gets difficult to understand how to talk to you.

So, I just want to reaffirm some things:

- You do you
- You are in constant movement, so you are a everchanging body

And then I have some questions:

- Do you feel pain?
- Are you empathic?
- Do you have a spirit?

I'd love to hear from you soon.

Best, Carla Serack.

Políticas del cuerpo

Considero que las políticas del cuerpo están construidas o se construyen. O lo largo de la vida, con base en creencias, cultura, familia, crímenes, ideologías, identidad de género, sexo, entre otras.

No son las mismas políticas cuando tienes 5 años a cuando tienes 20 y no es lo mismo si naces en Afganistán a nacer en Latinoamérica.

En Latinoamérica tenemos deudas con nuestro cuerpo, pero las agresiones sexuales para ambos sexos son enormes, no hay respeto por el cuerpo ajeno y sus políticas.

Son las capacidades, libertad y deseos de la mente, la forma oculta de decir las cosas
lenguaje corporal

Ser, estar, avanzar, crear, medio ambiente y su entorno

Son las reglas que impongo conmigo y para los demás.

Ser etéreo, real, translúcido, sólido.

Jugar es la mejor forma en que tu cuerpo expresa las cosas donde el movimiento, las sensaciones y la morbilidad se unen para que tus ~~expresiones~~ expresiones sean únicas.

