

Revisiting / Reinventing a tier - Playful disturbance

Physical, emotional, conceptual content coming together.
The imagining of the potential work.

Reflections on our week from each of the 3 artists, reflecting the layering and cohabiting of our experiences.

Jo

Specifically not having an agenda
Productive Rebellion

Meander

Start with body / movement
Not quite development but play, effortless discovery,
Open / ease / well being / move between ideas,
Working in the unknown,
Permission for things to appear.

Deb

Being in the body with all it's knowledge, trauma, experience, weight, joy and pleasure.
Being where we are.
Bringing our whole selves to both familiar and unknown territory.
Making space for grief - moving on, moving with.
Stay in the light.

Push to move - a physical task and a concept:

- it is generative
- we encounter each other as part of a bigger landscape, as autonomous systems.

Moving with autonomy, generosity and care.
Is self care fascist?

Anna

Acknowledging a new chapter coming for us - a restructure - embracing the unknowns - making space for our grief.

Starting our week with a meeting in the park - soaking up the sun and warmth. Feeling immense gratitude for the opportunity to be in Porto and sharing space with the Porto dancers.

Encountering new bodies, languages, cultures, nuances of expression, different nervous systems and lived experiences.

A score emerged from our first warm up on Monday afternoon:

Push to move - air, ourselves, others, floor, surfaces.

This became our anchor for the week.

This and our other scores about gaze created potential for absurdity.