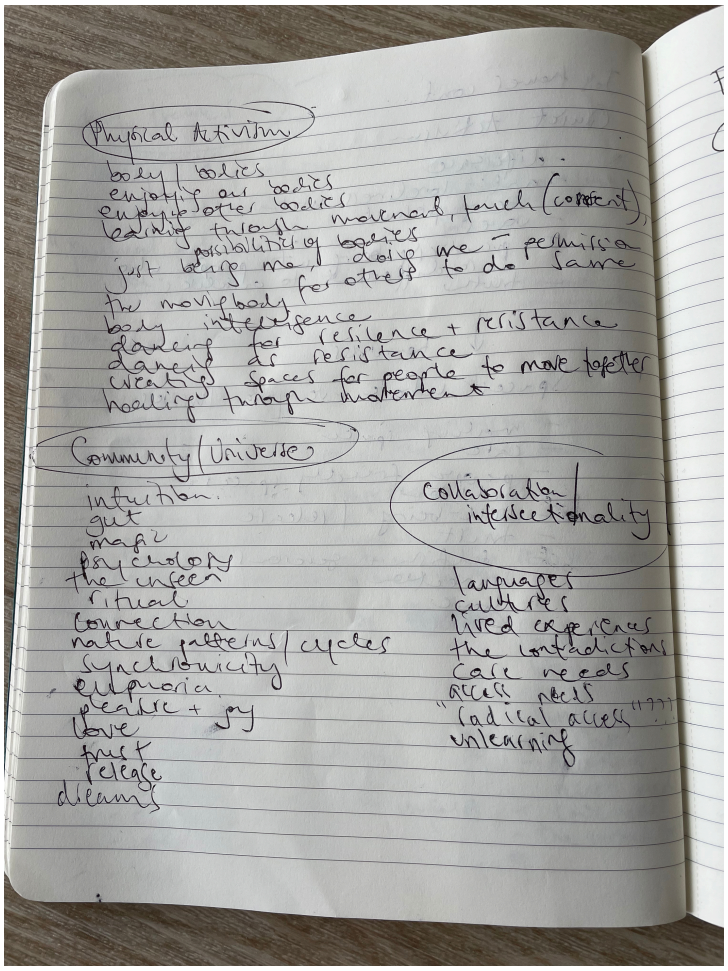
Physical Activism
body / bodies
empathy for our bodies
empathy for other bodies
healing through movement, touch (consent),
possibilities of bodies
just being me / allow me - permission
the movie body for others to do same
body intelligence
dancing for resilience + resistance
dancing as resistance
creating spaces for people to move together
healing through movement
Community / Universe
intuition
gut
magic
psychology
the unseen
ritual
connection
nature patterns / cycles
synchronicity
euphoria
pleasure + joy
love
trust
release
dreams
Collaboration / intersectionality
languages
cultures
lived experiences
the contradictions
care needs
access needs
"radical access"
unlearning