

Week 3

Individual contributions: Each artist uploads 3 topics/contexts/materials/themes which are currently urgent for you and your work on an individual level. Please indicate what role the 'topic' currently occupies in your choreographic process.

GENTLE DANCE – physical / movement practice

Gentle dance is a dance that is continuous, not harmful, doesn't want anything from you that is painful, gives personally good vibes for you. On a personal level it can be different, it can be different day by day but my question is that after so many years of dancing, what inner tactics instructions lead your dance when you just want a nice juicy, smooth dance for yourself? My other question is since we are not only dancers in this collective, what dance would that be that gives everyone comfort and common ground with joy as well?

REPETITION – physical / movement practice

Repetition was not my topic before coming in this collective work what last week some tasks brought it to the group and I found it interesting again. I wrote about it in the last week's contribution. I just wanted not to forget it and out it in this common field. I was happy to bring sg which came out with this specific group and only from my own wish.

VISIBILITY – physical / movement practice and theme/topic

Visibility is connected a bit with slow movement when you somehow give time for the audience to look at your skin, to give them, show them the inner parts of your hands for example or make visible those parts of the body that are a bit more hidden. To lead the eye of the audience. They can watch and look at what they wish of course but I admire and see very rarely pieces when I realise that my focus as an audience was led so beautifully on the actions in the space.

Apart from the physical practice I am also interested in the topic/theme of the visibility connected to social media, connected to our field, connected to independent art and especially contemporary dance. I see that the field started to use different ways from before to stay alive and make themselves visible which gives a bit of pressure and stress, anger and discomfort but proves how resilient we are and how fast and creative ways occur in crisis meaning that the human itself is fantastically adaptive to anything that happens around.